

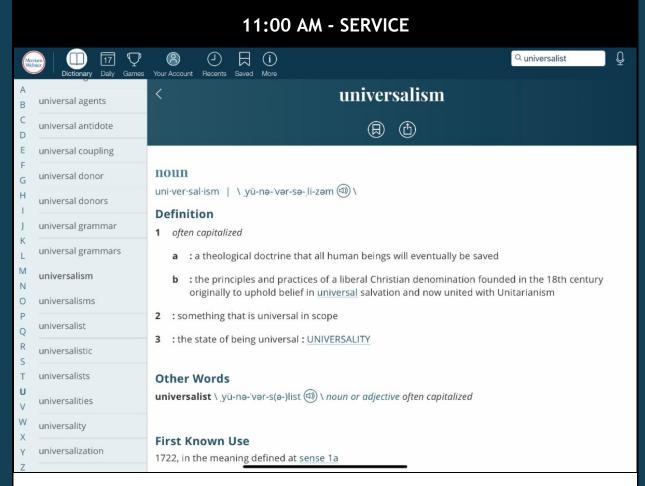
First Unitarian Church of Toledo 3205 Glendale | Toledo OH | 43614 JNITARIANS (419) 381-6999 | uutoledo.org office@uutoledo.org

# **UU-FYI - OUR WEEKLY NEWSLETTER** FOR SUNDAY, NOVEMBER 2, 2025

No images? View as Webpage.

# 9:45 AM - SPIRITUAL FORUM

On November 2, our own Dr. Julia Kalbus will lead our discussion! Julia led a Spiritual Forum presentation in the last church year, and is back by popular demand. Her topic is "What Your Doctor Wants You to Know." This is a excellent opportunity to learn some medical news we can use. Hope to see you for the discussion!



# What Does "Universalist" Mean Today? Rev. Dr. TK Barger

We're spending three Sundays this fall to consider terminology, using some theology and religious history, to have a better understanding of aspects of Unitarian Universalism. This week we have "What Does 'Universalist' Mean Today?" We began with "Unitarian" in October, and at the end of this month we'll examine "Humanist." Our church is First Unitarian, we're a Unitarian Universalist congregation, and Rev. Tim has a Humanist approach. Some focus on these terms might help us better understand how we honor seeking-and sometimes findingwhile drawing inspiration from world religions, from science, and from arts and letters.



On November 2, the kids will undertake a very important spiritual scavenger hunt. We talk about the values of Unitarian Universalism, but how do those values impact a typical Sunday morning? Post-scavenger hunt, kids will have the opportunity to exchange Halloween candy. Hope to see lots of friends who are ready to hunt!

# **THIS WEEK'S CALENDAR**

Sunday, November 2:

- 9:30 AM Choir Practice
- 9:45 AM Spiritual Forum
- 11:00 AM Service In Person + on our YouTube Channel
- 12:00 PM Coffee and Conversation
- 1:00 PM Joe Moran provides a prelude talk for the November 5 Program

Tuesday, November 4, 11:00 AM - Sunday Service Committee ZOOM\* Tuesday, November 4, 6:30 PM - Meditation Group via ZOOM\* Wednesday, November 5, 6:00 PM - Unitarian Action Program: Professor Lain speaks on Lethal Injection (see article)

# **UPCOMING EVENTS** (see articles below for more info)

Thursday, Nov. 6, 4:00 PM - First U Walking Group at Cannonball Prairie Metropark Friday, November 7, 2:00 PM - Book Club Meets\* Saturday, November 8. 9:30 AM - KnitWits Meet\* Saturday, November 8 and Sunday, November 9 - Holiday Bazaar Saturday, Nov. 15, noon - First U Walking Group at Manhattan Marsh Reserve Metropark.

\*See the Groups and Monthly Meeting document for ongoing meet ups

# FROM THE MINISTER

# RE: Posting news articles in our Facebook group

"All this is to say, if you go to any local websites and find articles about Toledo Unitarians or featuring First Unitarian, please share them in our Facebook group."



In our church's Facebook private group, I post items from local media that are related to First Unitarian and its people. Most of those entries are taken from the Blade. The Blade is not the only news publication in town, but it has a daily online edition, and most mornings I read the Blade, the Washington Post, and the New York Times—at least, I look at the headlines and get to a few articles. If there's a Blade letter to the editor written by one of our members, I'll put that on Facebook. If I see that the church is mentioned in a local news story, it also goes onto Facebook. That's sharing that comes from my regular reading routine... {click here to continue}



Long time member Jane Burns, passed away on October 20. Funeral

arrangements are pending.

We continue to keep Susan Smith, Judy Murray, Phil Park-Thomas, and Kathy Willis in our hearts as they deal with health issues. Messages of cheer are always greatly appreciated.

"UUs care! Please continue to communicate your concerns or celebrations with any member of the Caring Circle: Carla Logan-Mercer, Karen Christie, Phil Zepp, Suzanne Hoffman, Joanne Hartough, Becky Hrabovsky, Karen Porter, Terry Acocks, Kathy Crowther, Marsha Gamble, Susan Smith (current chair @ sfrostsmith7@gmail.com) and Rev. Tim Barger.

Please contact Joanne Hartough at <u>joannehartough@gmail.com</u> with any concerns or joys that you wish to share in this FYI column.

# **INVITATIONS AND OPPORTUNITIES**



# The Blessings of Diversity

Monday Nov. 3, at 6pm at the Islamic Society of North West Ohio, 50 S McCord Rd, Holland, OH 43528. FLYER HERE

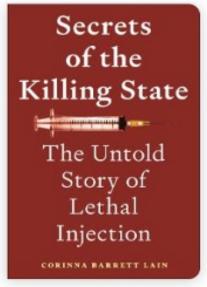
Ten faith traditions will present readings and music or poetry on the theme Gratefulness. It is a great opportunity to visit another faith space and meet MultiFaith neighbors. Fellowship time will follow. The services are sponsored by the MultiFaith Council of NW Ohio. First Unitarian Church has a bronze membership and is very supportive of the mission.

The services are free, and all welcome. If you are able, please bring a nonperishable food item for the pantry to help those in our community who are in need.

# Wednesday, November 5 at 6:00 pm

First Unitarian Church of Toledo 3205 Glendale 43614





Secrets of the Killing State: The Untold Story of Lethal Injection

Meet the author, law professor, and death penalty expert Corinna Barrett Lain on Wednesday, November 5 at 6:00 PM here at First Unitarian Church.

The event is co-sponsored by the church's Unitarian Action Committee along with Ohioans to Stop Execution (OTSE).

Professor Lain will also be sharing her research on both lethal injection and Hydrogen Hypoxia (suffocation) as methods of execution. Hydrogen Hypoxia has been introduced as an alternative to lethal injection by the Ohio House of Representatives (HB 36). A reception with light refreshments will follow Professor Lain's talk. We are asking church members to provide cookies and serve as volunteers for the event. See Unitarian Action co-chair Joe Moran if you can help.

Secrets of the Killing State: The Unfold Story of Lethal Injection Please studies Collina Story of Lethal Injection Please studies Collina Story of Lethal Injection Please studies Collina State Stat

<---{click image for a printable flyer}

**NOTE:** As a prelude to Professor Corrina Lain's presentation on November 5th, Joe Moran will present an overview of the death penalty in the U.S. and internationally at 1 PM on Sunday November 2, 2025 in Fellowship Hall.

The First U Walking Group will meet twice in November. (1) Thursday, November 6, 4:00 PM, at Cannonball Prairie Metropark, (2) Saturday, November 15, noon, at Manhattan Marsh Reserve Metropark. Contact David Strickler if you have any questions or suggestions.



The Bazaar is coming closer and we have a few things to ask of you. First, we will be having a UU Holiday table, so we need donations of holiday items. Please look through your holiday decorations and



if you have things you no longer use, please consider donating them to us.

Also looking for hand made items to sell. You can bring them to church this Sunday and Marna will collect them, or you can bring them during set up on Friday night before the bazaar or during the bazaar on Saturday. Next, we need volunteers during the bazaar.

On Friday, November 7th, from 4:00 pm to 5:00 pm we will need a few helpers to set up tables and from 5:00pm to 8:00 pm to help vendors set up. On Saturday, November 8th, 8:30 am to 3:30 pm, and Sunday, November 9th, 12 Noon to 3:30 pm we will need people for the following jobs: selling at the bake sale, assisting with food service, selling raffle tickets, selling at the UU Holiday table, cashiers, and runners (take sales slips from the vendors to the cashier table.

We will also need helpers to stay after the sale and help move tables and chairs and clean up. During the day on Saturday you can work a 1/2 day or full day. There will be a signup sheet at church on Sunday and I will put a sign-up genius form on the UUFYI next week.

If you can help or have questions, please let Marna or Sandra know.

Finally, we still have openings for vendors. If you know anyone, they can sign up using <a href="https://doi.org/link.org/link.com">THIS VENDOR LINK</a> or contact Marna at <a href="marnaslaw@sbcglobal.net">marnaslaw@sbcglobal.net</a> or 708-738-5096 or Sandra Kosek-Sills se kosek@msn.com



possibly winning a Raffle Basket! If you are a member of a social group or committee (Book Club, Choir, Kitchen, Meditation, etc.) gather your people and start working on a theme (chocolate, relaxation, exercise, etc) for your basket and let Marsha Gamble know to avoid duplication. If

you have a basket or ribbon that you could donate that would lend itself for assembling baskets, please let Marsha, Marna or Sandra know. Thank you!



(click image for link)

First Thursday Series, **Culture at the Crossroads:** (Lunch time Speakers) meets at the Monroe Street Methodist Church \*3613 Monroe St. Our Unitarian Action Committee is a co-sponsor of the series.

Here are the remaining topics and speakers:

- Nov. 6: DEI, Suppression of School Curriculum/Free Speech Issues with Lynn Hamer.
- Jan. 8: Christian Nationalism: What is it, and Should I be Concerned? with Larry Clark
- Feb. 5: Climate Change: Implications Locally and Beyond with Julie Shapiro and Gregory J. Breier.
- Mar. 5: Investigating Reality: Discovering Truth in Media with John Krochmalny
- Apr. 9: "Thoreau at Walden" and Civil Disobedience with Cynthia Nowak

Admission is \$15.00 and includes lunch, or bring your own lunch and admission is \$5.00.

# **WORLD DINING**

will visit Sweet Havana, a new Cuban restaurant, at 1855 South Reynolds Rd., Suite F, Toledo, Ohio 43614 on Thursday, Nov. 20, 2025, at 6:00 P.M. This is one week earlier than normal because of Thanksgiving. "Escape to



Havana in Toledo," and enjoy delicious food and good company! <a href="https://sweethavanna.com/#menu">https://sweethavanna.com/#menu</a> RSVP to Jarvis Gamble at <a href="mailto:jarvisgamble@gmail.com">jarvisgamble@gmail.com</a>.

# **NOTES AND NEWS**

Be on the lookout for our annual POINSETTIA SALE, which will start this Sunday. Order forms will be available. If you have any questions, please see Ginny Washing.



On Monday Oct. 20th members and friends of 1st UU volunteered for three hours at Glendale Commons to weed and prepare their garden for next year. This was a Unitarian Action event and those that helped included Karen Porter, the GC's social worker Cam, Rev. Mike Hanck from Salem Lutheran, Joyce and Joe Moran. Special thanks to Karen who organized the event. A dinner for the residents has been postponed until after the new year.





With proposed federal funding changes, there may be a shortage of resources for food and staples in the Toledo area. A limited supply or budget constraints could certainly affect members of our congregation as well as our surrounding neighbors.

This, then, seems to be a good time to encourage our show of "service" and support. Please continue to bring non perishable, canned goods and personal hygiene items to the church entry way bins.

Remember, this support is meant for UU members as well as any others in need. We already pool our resources with other programs and continue to fill our outside pantry. So, in the spirit of UU caring, bring in what you can and take home what you may need!

# **BE AWARE -- TAKE CARE!**

October is Fire Safety Month. Our goal is to raise safety awareness. What can we do?

- \*A fire department responds to a fire every 24 seconds in America
- \*Unattended cooking is the #1 cause of cooking fires
- \*Check smoke detectors and replace batteries if needed
- \*Use LED lights for decorations to reduce fire safety
- \*Be cautious with candle use; use battery-operated alternatives when possible
- \*Ensure outdoor areas are well lit
- \*When placing decorations, keep exits, sprinklers, & walkways clear

# **GREEN SANCTUARY**

# **Prescription: Nature**

Greener cities do more than provide clean air and protect residents from severe temperatures and flooding. Experiencing nature in any form - whether you're meandering through a city park, tending houseplants or simply listening to the sounds of birds - has positive benefits for people's



mental, emotional, and physical health. Some of the benefits:

- -Lowers stress and blood pressure
- -Boosts memory and creativity
- -Fosters feelings of connectedness, alleviating loneliness
- -Helps manage symptoms of chronic conditions like PTSD, anxiety, and ADHD.

# **MEETING ROSTER**

# Weekly and Monthly Ongoing Meetings and Activities

# Click THIS DOCUMENT

for a fuller, printable description of the 2025 activities, location, meeting dates and contact person for each group:

Every Tuesday ....Sunday Service Committee ZOOM call at 11:00 AM

Every Tuesday....Meditation @ 6:30 PM

Weekly AA meetings - see document link for times

1<sup>st</sup> Friday.....Book Club @ 2:00 PM

1st Saturday......Knit Wits @ 11:30 AM

2nd Saturday......Social Action Saturday @ 11AM-1PMPlease check FYI

for current schedule

2<sup>nd</sup> Sunday......Meditation @ 5:30 PM until December

3<sup>rd</sup> Saturday......Film Club @ 1:00 PM

3<sup>rd</sup> Sunday......Men's Group @ 5:30 PM

3<sup>rd</sup> Monday......Together Women Rise @ 6:00 PM

4<sup>th</sup> Tuesday ......LGBTQ Online Support Group @ 8:00 PM

4th Tuesday......Board of Trustees @ 7:00 PM

4th Wednesday ...Blanket Making @ 10:30 AM

4th Saturday.....Social Action Saturday @ 11AM-1PMPlease check FYI

for current schedule

4<sup>th</sup> Sunday......Meditation @ 5:30 PM

4th (or last) Sunday.... Potluck after Service

Is your meeting not listed? Submit your meeting details at <a href="https://uutoledo.wufoo.com/forms/first-unitarian-communications-request-form">https://uutoledo.wufoo.com/forms/first-unitarian-communications-request-form</a>

# **CHURCH INFO**

# **WEBSITE NEWS**

Be sure to take time to check out all of the events on our website. Go to; <a href="www.uutoledo.org">www.uutoledo.org</a> and click on Calendar & UU-FYI. Also, many of our church forms are now online. Please use the link <a href="www.uutoledo.org/forms">www.uutoledo.org/forms</a>.

# **OFFICE HOURS:**

Office hours are normally Tuesday, Wednesday and Thursday from 10:30-2:30 PM. Otherwise, please reach us by phone or email, which will be frequently checked. Thank you.

Phone: 419-381-6999

Office email: <a href="mailto:office.manager@uutoledo.org">office.manager@uutoledo.org</a>,
Bookkeeper@uutoledo.org,

Minister email: minister@uutoledo.org.

# **ABOUT THE FYI**

Did you receive this FYI from a friend?
Would you like to receive your own copy? <u>Subscribe here!</u>

The weekly FYI is published on Thursdays. The Order of Service is sent on Saturdays. To submit information for the next UU-FYI, fill out THIS FORM by Wednesday at noon. Questions about the form or the FYI? Email fyi@uutoledo.org.

# **UU-FYI Volunteers:**

Tina Baker, Joanne Hartough, Susan Spiegel, Marna Slawson

# Clergy

Rev. Dr. TK Barger, *Senior Minister*David Strickler, *Commissioned Lay Minister*Melissa Jeter, *Minister in Formation* 

#### **Staff**

Gini Gottman, *Director of Lifelong Learning*Jeffrey Maxie, *Music Director & Office Administrator*Lou Ann Flick, *Bookkeeper* 

# **Board of Trustees**

Krista Schneider, *President*; Sue Childers, *Vice President*; Geoff Slawson, *Treasurer*; Wes Kalbus, *Secretary*; Kathy Crowther, Wendy DeBord, and Stasia Hanson, *At-Large Members* 

First Unitarian Church of Toledo | fyi@uutoledo.org | 419-381-6999 | www.uutoledo.org/

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