



SUNDAY SERVICE NOTES FOR JULY 2019



Sunday, July 7

God R Us: The Religion of Man
Worship Associate

Joe Moran
Karen Christie

We do not need to seek God as an external being. We humans have God like potential in the way we conduct our daily lives. Let us therefore exhibit the qualities we project on to God and displayed by her/his prophets: compassion, forbearance, forgiveness, charity, and welcoming the stranger in our midst.

Sunday, July 14

Service is Its Prayer
Worship Associate

Sierra Webb

Why is service our prayer? We will visit what it means to be undeniably and compassionately in service to ourselves, our communities and to the world at large.

Sunday, July 21

Religious Liberty: From the Puritans to the Baptists, Adventists, and UUs
Worship Associate

David Strickler
Melissa Jeter

The constitutional right to religious freedom has been invoked in two recent court cases. The first case involved a bakery that refused to supply a wedding cake to a gay couple and the second case centered on a humanitarian activist who left water jugs in the desert for undocumented migrants. In this sermon, I will review the origins of religious liberty in this country and how different faith traditions have advocated for this important principle.

Sunday, July 28

The Inherent Worth and Dignity of FOOD
Worship Associate

Caitlin Ballinger
Melissa Jeter

How does our first principle come into play regarding access to food? One in six adults in Lucas County is food insecure and one in four kids don't know where dinner will come from. Caitlin Ballinger, life long UU and Associate Director of Food For Thought, will discuss living our principles while meeting Toledo's hunger for food, respect, and belonging.



Reverend Tim Barger

During the months of June and July, Rev. Tim will be using some time for study leave and other time for vacation. He won't be at church on a regular schedule and will not be checking electronic communications regularly. If you have ministry needs, contact our Commissioned Lay Ministers, David Strickler or Melissa Jeter. Rev. Tim will be back on a regular schedule August 5. In Fellowship, Rev. Tim



Terry McCauley, Outgoing Board President

My Farewell Message

Yes this is my farewell message but . . . I am not leaving. I am completing my term as Board President so I say farewell from that position. Farewell is short for saying I wish that you would fare well as we go into the future. I am confident that the new Board as well as our congregation will fare very well going forward. These last 2 years as your Board President have been a time of learning and growth for me. Your acceptance, support and encouragement have been a real blessing to me. My time as President has been mixed with some mistakes and some successes, but overall has been good. Going forward I will be the Leadership Development Team Leader. So yes, I will still be around. (You can't get rid of me that easily) 😊 I am very confident that you have elected a very good, capable Board for the coming years. Please give them the encouragement, support and cooperation they need and deserve. With Rev. Tim, David & Melissa, the staff, the new Board and the Leadership Development Team working together with you, the congregation, the future of First Unitarian Church of Toledo looks very bright indeed. In Fellowship, Terry M.



Sandra Kosek-Sills, Board President

Hello! ¡Hola! Salut! Hallo!

Kind words of greeting to all of you! I am Sandra Kosek-Sills, and I have been a member since 2003. Thank you very much for the confidence you are placing in me as the next President of the Board of Trustees of First Unitarian. Service to the church community is an important part of my spiritual journey, and I appreciate the opportunity to serve in this capacity. I feel like I know a few of you very well and many of you very little. One of my goals over the next several months will be to try to get to know more of you at least a little better. To that end, I hope to attend a wider variety of the small group activities such as the various meal gatherings. Please feel free to reach out and invite me – although it may be a while before I can get around to everyone who is willing. I have not been in the habit of attending church every weekend and this may continue. I do promise to be there a minimum of once every month. I am still working although my job is part time, so I am also usually available on Wednesdays and I may set up 'office hours', perhaps at a coffee shop, later this year in the fall. You may always send me emails if you have a concern or idea. Please call or text my cell if you need to reach me by phone. I will be getting warmed up for this new role by attending Summer Institute for the first time this July. I hope you also get a chance this summer to do some recharging. Yours in fellowship, Sandra

MUSIC AT FIRST UNITARIAN

Make Music with Your UU Community! Practices are Sundays at 12:30 for The Gathering rehearsal. Thursdays at 7:30 starting in September, for Choir rehearsal. What better way to celebrate spring than by making a joyful noise with us? Newcomers are always welcome to drop in for musical fellowship. Not sure how you'd like to be involved? Come see Mickey or send an email to musicdirector@uutoledo.org to find the best fit for your time and talents.

BON APPÉTIT

SECOND BREAKFAST will meet at Silver Moon Soda Grill on the last Tuesday of each month at 9:30 AM. The restaurant will have a large space available for us, so there is no need to RSVP. Please arrive a few minutes early if possible. If you are interested in starting another open meet-up, contact a member of Compass for any questions. We will continue to meet on the third Monday of each month for our 9:30 AM for UU Breakfast at Reynolds Rd. Garden Café. World Dining is a wonderful way to get to know your church family outside of church while experiencing some of Toledo's fine restaurants. We meet at a different restaurant each month on the 4th Friday at 7 pm. Please email Luanne to be added to the monthly email invitation at: Luanne@theBillsteins.com. Dining for Women meets at our church in Fellowship Hall the third Friday of each month at 6:30 PM. They are a global giving circle dedicated to transforming lives and eradicating poverty among women and girls in the developing world. Also join us for fourth Sunday potlucks, after services.

LEADING FAMILIES HOME BLANKET MAKING

There will be no LFH Blanket Making in July and August. We will resume monthly meetings in September, on the 4th Wednesday in Fellowship Hall. No sewing needed; just lots of fun. Bring sharp scissors. Enjoy your summer and see you September 25th. Questions? Contact Elly Gans. ganselly45@gmail.com

TERRACYCLE

Be sure to refer to the lists on the Green Sanctuary bulletin board when adding items to the Toledo Zoo TerraCycle bin in the hall. Many every-day items such as cereal bags, chip bags, toothpaste containers, Solo cups and plates, and shampoo dispensers can be recycled here. Not everything that TerraCycle takes is accepted by the Zoo program. If it is going to the landfill anyway, find a reuse or dispose of it yourself, saving the Zoo people sorting time.

WORLD DINING

World Dining is a wonderful way to get to know your church family outside of church while experiencing some of Toledo's fine restaurants. We meet at a different restaurant each month on the 4th Friday at 7 pm. Please email Luanne to be added to the monthly email invitation at: Luanne@theBillsteins.com. See you on July 26th.

THANK YOU

First Unitarian Church of Toledo has been issued a \$44.19 donation from the AmazonSmile Foundation as a result of AmazonSmile program activity between January 1 and March 31, 2019. Sign up at: [shop at smile.amazon.com](http://shop.smile.amazon.com) and place all of your orders on the Amazon Smiles page. Your church will receive a donation from Amazon every quarter, at no cost to you. In addition, we received \$ 231.39 in total donations from 46 of our church member households shopping at Kroger during the February 1 to April 30 time frame! This costs nothing to you and does not affect your gas points. Don't forget to sign up your Kroger card every May by going to Kroger Community Rewards at: krogercommunityrewards.com and click "enroll now" to register your Kroger plus card and then select First Unitarian Church of Toledo. Questions? Contact the church office.

KNITWITS

Knit Wits will not meet during July and August due to members traveling etc. Though we may not be sitting down together, we'll stitch on...in the car, on the plane, at new places. "Knitters use knitting to value-add to the world." --Stephanie Pearl-McPhee

CRAFT SATURDAY

Open to all crafters, every first Saturday of the month, 11 AM - 5 PM. Join us July 6th. Fiberwork orphans meet at First Unitarian on the first Saturday of each month. Knitting, crocheting, or craft of choice. We meet in the Capek room. Bring your own drink. Bring a finger food of your choice to pass if you are able. Donation of your choice collected.

MEMBERSHIP MOMENTS

To all who have enriched our Sunday mornings by sharing their Membership Moment--thank you! Signing up for Membership Moments remains active; see link below. Please note that Membership Moments will resume in the fall after a break this summer. <https://www.signupgenius.com/go/70a094daaa928a7f58-membership>



2019 at First Unitarian Church of Toledo



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|-------------------------------------|---|
|  | 1 | 2 12:00 pm Big Book Noon Group AA Meeting 6:30 pm Meditation - Sagan Room 7:00 p, Toledo Weaver's Guild | 3 8:00 pm Live and Let Live LGBT AA Group | 4  | 5 3:00 pm First Friday Book Club | 6 10:00 am Women's Slice of Serenity AA Group 11:15 am Fiberwork Orphans knitters and crafters |
| 7 9:45 am Nursery Open 10:00 am Spiritual Adventures 10:00 am Children's RE 11:00 am Worship Service 12:00 pm Fellowship Hour 12:30 pm Gathering Rehearsal 8:00 pm Live and Let Live LGBT AA | 8 | 9 12:00 pm Big Book Noon Group AA Meeting 6:30 pm Meditation - Sagan Room 7:00 pm Toledo Weaver's Guild | 10 8:00 pm Live and Let Live LGBT AA Group | 11 | 12 | 13 10:00 am Women's Slice of Serenity AA Group 7:00 pm Summer Concert and Ice Cream Social  |
| 14 Styrofoam Collection 9:45 am Nursery Open 10:00 am Spiritual Adventures 10:00 am Children's RE 11:00 am Worship Service 12:00 pm Fellowship Hour 12:30 pm Gathering Rehearsal 5:30 pm Meditation - Off site 8:00 pm Live and Let Live LGBT AA | 15 9:30 am UU Breakfast (Reynolds Rd. Garden Café) | 16 12:00 pm Big Book Noon Group AA Meeting 6:30 pm Meditation - Sagan Room | 17 8:00 pm Live and Let Live LGBT AA Group | 18 | 19 6:30 pm Dining for Women | 20 10:00 am Women's Slice of Serenity AA Group 10:00 am RE Council Mtg NEWSLETTER DEADLINE |
| 21 9:45 am Nursery Open 10:00 am Spiritual Adventures 10:00 am Children's RE 11:00 am Worship Service 12:00 pm Fellowship Hour 12:30 pm Gathering Rehearsal 8:00 pm Live and Let Live LGBT AA | 22 | 23 12:00 pm Big Book Noon Group AA Meeting 6:30 pm Meditation - Sagan Room | 24 8:00 pm Live and Let Live LGBT AA Group | 25 7:00 pm Board Meeting | 26 7:00 pm World Dining | 27 10:00 am Women's Slice of Serenity AA Group 1:00 pm Awareness of Special Needs - offsite |
| 28 9:45 am Nursery Open 10:00 am Spiritual Adventures 10:00 am Children's RE 11:00 am Worship Service 12:00 pm Fourth Sunday Potluck 12:30 pm Gathering Rehearsal 5:30 pm Meditation - Off site 8:00 pm Live and Let Live LGBT AA | 29 | 30 9:30 am UU Breakfast (Silver Moon) 12:00 pm Big Book Noon Group AA Meeting 6:30 pm Meditation - Sagan Room | 31 8:00 pm Live and Let Live LGBT AA Group | 1 AUGUST  | 2 3:00 pm First Friday Book Club | 3 10:00 am Women's Slice of Serenity AA Group 11:15 am Fiberwork Orphans knitters and crafters |

MEDITATION
Please join us for meditation at 5:30PM on Sundays July 14 and July 28, at the MemoryLane Care Services building, 2500 N. Reynolds Road (corner of Pickfair and N. Reynolds). We will enjoy guided meditation, sit or walk quietly, and share tea and conversation. Explorers, beginners and experienced practitioners: all are welcome and each of us benefits from the energy of others.

Please join us for meditation in the Carl Sagan room at First UU on Tuesday evenings from 6:30-7:30 PM. All are invited and we will offer meditation instructions and guidance for beginners. Periodically, members of the multifaith community will offer a meditation/spiritual practice from their faith. We will all be enriched by these diverse practices. You are welcome to use this beautiful space anytime the church is open.

Meditation helps us to be more present for all that life has to offer. Thich Nhat Hanh reminds us, "Our true happiness comes from being fully conscious in the present moment, aware of our connection to everything else in the universe." Contact Karen at kbchristie@bex.net with any questions.

Please mark your calendar for an upcoming Day of Mindfulness on Saturday, August 24, 2019. The theme for the day will be compassion, one of the four immeasurable minds. Sister Ocean, an ordained monastic in the tradition of Thich Nhat Hanh, will lead this day for us.

FIRST AND FOURTH SUNDAYS
Please remember the first Sunday of each month we celebrate each month with cake and ice cream in Fellowship Hall following church service. The fourth Sunday is our potluck.

MINI FOOD PANTRY
Please remember to bring non-perishable food items to be placed in the Little Pantry. It gets a lot of use. Place items in the designated bin in the back foyer or directly in the pantry. Hunger is worse in the cold weather. Let's try to share as we can. Popular foods include peanut butter, jelly, macaroni and cheese, soup, juice boxes, fruit and pudding cups, cereal, granola bars, and tuna, toothpaste, baby shampoo, soap, & feminine hygiene products. Drop off your donations in the bin in the east foyer, give them to Nicole, or put them right into the pantry. This is an great way to help your youngsters connect with the social justice work of our faith. Note the expiration date on the items--**no expired items may be given.**

AWARENESS OF SPECIAL NEEDS
Are you someone living with a disability or complex medical needs or a caregiver? Join us on the fourth Saturday of the month, for fellowship and great conversation. The meeting will take place at the Jonsson's wheelchair accessible home from 1:00 - 2:30 pm. Contact Nicole at 419-344-9039 or nicolejonsson@yahoo.com for more information.

SAVE THE DATE - MUSIC AND ICE CREAM JULY 13
First Unitarian Church at 3205 Glendale will hold it's annual outdoor summer musical Sweet Sounds IV on July 13, 2019, at 7 PM, rain or shine. Music by Toledo's wind quartet "Almost 5": Kelly Hill-Kretzer-flute, Ann Augustin-oboe, Lesli McCage-clarinet, Michael Leeds-bassoon will perform and ice cream will be provided. All are welcome, with a suggested donation of \$10. For questions, contact Joe Moran or Lesli McCage.

THE FUTURE OF SPIRITUAL ADVENTURES
Change is afoot at First Unitarian, and once again we are considering how best to adapt. RE for the children will be returning to the 11:00 hour during Sunday morning worship in September. Spiritual Adventures at 10 AM will return to weekly adult programs during the summer. The Spiritual Adventures committee was formed over 3 years ago with a dream of expanding adult religious education to offer weekly significant, timely, and engaging programs to our members and to the larger Toledo community. The old "Adult RE" was reborn as "Spiritual Adventures." The committee began with 7 members, each with a commitment of only ONE year, a provision we felt was imperative to avoid burnout from unending terms. Membership on the committee has turned over each year as members have moved on to engage in other church work. We will soon be a committee of only 2 members. We are a VERY busy church! Those of us who remain are fatigued from our responsibilities of planning, organizing, and hosting programs. And the 2-3 programs/month will now become 4-5 programs as our RE program changes. Committee members believe strongly in the value of our programs, but we need time off from our duties. Here's how you can help...****CAN YOU HOST A PROGRAM FOR A SCHEDULED SPEAKER? **CAN YOU LEAD A DISCUSSION ON A TOPIC OF YOUR CHOICE? **CAN YOU PRESENT YOUR FAVORITE TED TALK OR POCAST? **CAN YOU HOST AN OPEN MIC FOR POETRY, MUSIC, OR STORYTELLING? **CAN YOU INVITE AND HOST A SPEAKER (PERHAPS SOMEONE YOU KNOW) TO OFFER A PROGRAM? (Dates are available.) LASTLY, WOULDN'T YOU LOVE TO JOIN THIS IMPORTANT COMMITTEE OVERFLOWING WITH IDEAS AND ENTHUSIAM? We would love to welcome a few new members in July! Are you great with technology? Do you love doing publicity? Can you manage money (we have a budget!)? How about being our "note taker?" (Sometimes our ideas flow so quickly we don't get them all written down!) Do you have ideas for improving our programs or our committee function? Join us—and help us all grow spiritually! Contact Susan Spiegel, saspieg@yahoo.com or Alieah White, alieahwhite@gmail.com.**

SECURITY
Please sign in when entering the church during non-business hours, or at a time other than a scheduled event, please use the sign in sheet above the alarm to let us know that you were here. We use this info to track usage. Also, please don't forget to set the alarm if you are the last one out. Let's keep our church safe.