



SUNDAY SERVICE NOTES FOR JULY 2018



Sunday, July 1

A Journey from Old Time Religion to Religious Freedom
Worship Associate

Tishie Bozeman
Melissa Jeter

Raised in the Missionary Baptist Church, as a child who questioned everything, I was always seeking spiritual comfort. Singing gave me comfort, but Unitarian-Universalism gives me religious freedom.

Music Notes: Today's music will feature Bonnie Rowe on piano along with a congregational sing-along.

Sunday, July 8

Watering Seeds of Joy in our Lives
Worship Associate

Karen Christie
Judy Trautman

We're living in a difficult time in our country's history. We read negative headlines daily. How can we care for ourselves so that we don't become overwhelmed by the suffering in the world? We'll explore how to cultivate joy in our lives.

Music Notes: Today's music will include joyous tunes such as Joy to the World by Hoyt Axton, made popular by Three Dog Night and What A Wonderful World by Louis Armstrong. Music will be provided by Tierra Raiti and Sierra Webb.

Sunday, July 15

All Are Welcome . . . are you sure?
Worship Associate

Terry McCauley
Luanne Billstein

The first, third and seventh UU principles suggest that **All Are Welcome** in our church. But is that true in our practice? We will look at several examples of how we live out this idea. We will also look at situations where we will ask are you sure? Are "All" welcome not only in our church, but in our neighborhoods, in our lives and in our hearts?

Music Notes: Music, today, will be provided by Sierra Webb and Melissa Jeter. This will include Welcoming songs from Sweet Honey and the Rock and Hal Walker.

Sunday, July 22

Bee-Loved Community
Worship Associate

David Strickler
Joe Moran

Bees and flowers have a symbiotic relationship as a result of co-evolution. Thus, bees provide a good starting point for understanding the interdependent web of nature of which we are a part. In addition, social bees provide a good metaphor for our church community. In this summer service, we will celebrate bees and consider their significance for us.

Music Notes: Today's music will be representing the importance of nature!

Sunday, July 29

Learning to Encourage Ourselves and Others
Worship Associate

Sierra Webb
Karen Christie

Sierra Webb will focus on our 3rd principle: acceptance and encouragement of spiritual growth in and beyond our congregations. The sermon will work to help us understand why accepting ourselves helps in accepting others; furthermore how this correlates with encouraging ourselves and others to grow, spiritually.

Music Notes: Today's music will be performed by Sierra Webb, our Youth and Melissa Jeter. Songs about acceptance and encouragement were selected from Keb Mo, Cat Stevens and the Beatles.



Reverend Tim Barger

Rev. Tim is on leave until August 1, using some vacation time and also working on special projects. He will be in Toledo most of the time and of course is available for emergencies and other crises. Please contact Rev. Tim and Carol Slomka if there's a need for his ministry.



Terry McCauley, Board President

It is good to periodically be reminded of our covenant, our principles, our faith. I recently came across this very well written reminder of this.

The whole of planet Earth is a sacred site.

All people are the chosen people, and the purpose of our lives is a spiritual one.

May we care for each other, and for the earth, for everything relates to everything else.

Feeling this oneness may we radiate the light of love and kindness that all may live in unity and peace.

~ Radha Sahar

In Fellowship, Terry M.



Nicole Jonsson, Religious Educator

You may notice some shifts and changes to the rooms in our building. New paint, new arrangements, and new uses for rooms. We are working hard to ready the church to best meet our needs. Look for changes to come!

In Fellowship, Nicole Jonsson

WORLD DINING

World Dining is a wonderful way to get to know your church family outside of church while experiencing some of Toledo's fine restaurants. We meet at a different restaurant each month on the 4th Friday at 7 pm. Please email Luanne to be added to the monthly email invitation at: Luanne@theBillsteins.com

DOUBLE CHECK THE KEY LOCK BOX

If you come into the church during non-business hours, please sign the sheet above the alarm to let us know that you were here. If you turn the alarm on or off, sign the sheet. Please remember to double check that the key box is locked. It has been left open on numerous occasions recently. If you need help, or have questions, stop in the church office during the week or ask Marsha Gamble on Sundays. Thank you

LFH BLANKET MAKING

There will be an LFH Blanket-making workshop on July 25th at 9:30 a.m. in Fellowship Hall. Everyone is welcome! Bring scissors and a smile.

FIRST UNITARIAN FLEA MARKET

First Unitarian Church will hold a flea market on Saturday August 4th from 9 AM to 3 PM. Set up is at 8 AM. Please bring your own table. Cost of space is \$25 Please provide payment and let Carla or Melanie know if you would like a spot reserved. This event will replace our yard sale this year. This is a date change from the original June date.

KNITTING

Come knit with us Saturday July 7th from 11am - 4:30 or 5pm in the Capek Room. Everyone is invited. Questions? Contact cloganmercerc@yahoo.com.

AWARENESS OF SPECIAL NEEDS

Are you someone living with a disability or complex medical needs or a caregiver? Join us on the fourth Saturday of the month, for fellowship and great conversation. The meeting will take place at the Jonsson's wheelchair accessible home from 1:00 - 2:30 pm. Contact Nicole at 419-344-9039 or nicolejonsson@yahoo.com for more information.

COFFEE HOUR

Donations for coffee hour are as follows: the first Sunday, A-I, the second Sunday, J-Q, the third Sunday R-Z, the fourth Sunday is potluck. Please everyone bring a dish to share. If there is a fifth Sunday, please bring something if you are able. Sign up to bring something or to help in the kitchen. Thank you!

ART WITH FRIENDS

UUs and friends have enthusiastically taken to spending time once a month at TMA together. Because of such a great response (which has filled up two tour dates), I am considering starting a third. If you'd like to see art with friends in an engaging group setting, please contact me. The date would be the first Thursday of each month: Sept 2018-May 2019, from 11:30AM—12:30PM. Some folks stay after for lunch at the TMA cafe. Cost is \$20 for all nine, docent-led tours by yours truly. Ann Strickler 419.944.9965, adstrickler@sbcglobal.net

HELP NEEDED!

Nicole is looking for a person to volunteer "out back" with her during service in the summer. Parents of nursery and RE age kiddos, would you please be kind enough to choose a summer Sunday to help? If we all pitch in, we can give our RE volunteers and much needed break and time for spiritual renewal. Email Nicole at: nicolejonsson@yahoo.com or see her at church. Are you interested in keeping Chalice Camp Alive? Due to the Sunday morning format transition coming in the fall, Nicole's working hours budget is not allowing her to run Chalice Camp this year. The good news is we don't have to do it the same way each year. We could do a meet up at a park or the zoo for half a day with a related lesson and fun take-home activities. If any of this sparks your interest, contact Nicole.

FACEBOOK

An increase of positive reviews provides free online publicity for our church. Go to Yelp or Facebook and like and review us. <https://www.facebook.com/pg/UUToledo/reviews/>

JULY

2018 at First Unitarian Church of Toledo



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Styrofoam Collection 9:45 am Nursery Open 10:00 am Spiritual Adventures 10:00 am Children's RE 11:00 am Worship Service 12:15 pm Fellowship Hour 12:15 pm SA Committee Meeting 8:00 pm Live and Let Live LGBT AA	2	3 12:00 pm Big Book Noon Group AA Meeting	4 Happy 4th of July  8:00 pm Live and Let Live LGBT AA Group	5	6 7:00 pm First Friday Book Club	7 10:00 am Women's Slice of Serenity AA Group 11:00 am Knitting/Craft group
8 9:45 am Nursery Open 10:00 am Spiritual Adventures 10:00 am Children's RE 11:00 am Worship Service 12:15 pm Fellowship Hour 5:30 pm Meditation - Off site 8:00 pm Live and Let Live LGBT AA	9	10 12:00 pm Big Book Noon Group AA Meeting 7:00 pm Weavers Guild	11 6:30 pm Tree of Life CUUPS Chapter Mtg 8:00 pm Live and Let Live LGBT AA Group	12 7:00 pm Board Meeting	13 9:30 am Knit Wits - Fellowship Hall	14 10:00 am Women's Slice of Serenity AA Group
15 9:45 am Nursery Open 10:00 am Spiritual Adventures 10:00 am Children's RE 11:00 am Worship Service 12:15 pm Fellowship Hour 12:30 pm Grief Circle Support Group 12:30 pm Caring Committee 8:00 pm Live and Let Live LGBT AA	16 9:00 am UU Breakfast (Reynolds Rd Garden Café)	17 12:00 pm Big Book Noon Group AA Meeting 7:00 pm Leadership Dev Meeting	18 8:00 pm Live and Let Live LGBT AA Group	19	20 6:30 pm Dining for Women NEWSLETTER DEADLINE	21 10:00 am Women's Slice of Serenity AA Group 10:00 am RE Council Mtg 2:00 pm Victorian Tea Party
22 9:45 am Nursery Open 10:00 am Spiritual Adventures 10:00 am Children's RE 11:00 am Worship Service 12:15 pm Fellowship Hour 5:30 pm Meditation - Off site 8:00pm Live and Let Live LGBT AA	23	24 12:00 pm Big Book Noon Group AA Meeting	25 9:30 am Blanket Making 8:00pm Live and Let Live LGBT AA Group	26 7:00 pm Board Meeting	27 7:00 pm World Dining	28 10:00 am Women's Slice of Serenity AA Group and 1:00 pm Awareness of Special Needs - offsite
29 9:45 am Nursery Open 10:00 am Spiritual Adventures 10:00 am Children's RE 11:00 am Worship Service 12:15 pm Fellowship Hour 8:00pm Live and Let Live LGBT AA	30	31 12:00 pm Big Book Noon Group AA Meeting	1 AUGUST 8:00 pm Live and Let Live LGBT AA Group	2	3 7:00 pm First Friday Book Club	4 10:00 am Women's Slice of Serenity AA Group

MEDITATION GROUP

We invite you to join us at 5:30 pm on Sundays, July 8 and July 22 at 2500 N. Reynolds Road (the former Alzheimer's Association building). Alzheimer's Association moved to a new location, but we meet in our same building which houses Memory Lane Care Services. We will enjoy guided meditation, sit or walk quietly, and share tea and conversation. Explorers, beginners and experienced practitioners: all are welcome and each of us benefits from the energy of others. Meditation helps us to be more present for all that life has to offer. Thich Nhat Hanh reminds us, "Our true happiness comes from being fully conscious in the present moment, aware of our connection to everything else in the universe." Contact Karen at kbchristie@bex.net with any questions.

HELP YOUR CHURCH GET FREE MONEY!

Amazon donates 0.5% of the price of your Amazon purchases to the charitable organization of your choice. AmazonSmile is the same Amazon you know. Same products, same prices, same service. Support your charitable organization by starting your shopping at <https://smile.amazon.com>. Select First Unitarian Church of Toledo, Ohio to receive donations, then when you shop sign into Smile.Amazon.com instead of just Amazon. Same website, but directs charitable contribution to our church.

Kroger also donates money when you shop there. Kroger Community Rewards makes fund-raising easy. All you have to do is shop at Kroger and swipe your Plus Card. Go to Kroger Community Rewards at <http://www.krogercommunityrewards.com/> and click "enroll now" to register your Kroger plus card and then select First Unitarian Church of Toledo. You must re-register your card every May.

TERRACYCLE

Be sure to refer to the lists on the Green Sanctuary bulletin board when adding items to the Toledo Zoo TerraCycle bin in the hall. Many every-day items such as cereal bags, chip bags, toothpaste containers, Solo cups and plates, and shampoo dispensers can be recycled here. Not everything that TerraCycle takes is accepted by the Zoo program. If it is going to the landfill anyway, find a reuse or dispose of it yourself, saving the Zoo people sorting time.

MINI FOOD PANTRY

Help refill our Free Little Pantry out front. We need to refill it several times a week. Can you donate some non-perishable items? Popular foods include peanut butter, jelly, macaroni and cheese, soup, juice boxes, fruit and pudding cups, cereal, granola bars, and tuna, toothpaste, baby shampoo, soap, & feminine hygiene products. Drop off your donations in the bin in the east foyer, give them to Nicole, or put them right into the pantry. This is an great way to help your youngsters connect with the social justice work of our faith. Note the expiration date on the items--**no expired items may be given.**

NEWCOMERS

New to UU or want to deepen your connection to your UU Faith and congregation? Compass hospitality and membership committee is here to help. We have several resources to share from a sample UU World magazine, The Unitarian Universalist Pocket Guide, and more. Please meet with us at the Visitor Table in Fellowship Hall during coffee hour. Should you have any questions in the meantime, email Melanie at LanieLeeC@yahoo.com

MICHIGAN JAZZ FESTIVAL

The Glendale Groove Band has been invited back to the Michigan Jazz Festival and will be performing on Sunday July 15! The Glendale Groove is a youth jazz band. The band often practices here in the UU building, and some of the band members are participants in UU's RE program. They will perform on the SEMJA Future of Jazz Stage in Henry's Cafe from 6 pm - 7pm at Schoolcraft College in Livonia, MI. The Cafe is spacious and air-conditioned and food and meals can be purchased there. The Michigan Jazz Festival is completely free (including free parking!) and six performance stages will be set up and running throughout the campus from 12 noon until 9 pm. <http://www.michiganjazzfestival.org/festival-stages.html>

TEA PARTY

Ladies and Gentlemen! Grab your chapeaus, top hats, and white gloves and join your friends for a Victorian Tea in Fellowship Hall on Saturday July 21st at 2:00 PM. Enjoy finger sandwiches, scones, sweets...and, of course, plenty of tea, for just \$15! Sweet Harmony will enchant us with song. Reserve your place at the tea tables after Sunday services or by contacting Carla Logan-Mercer (logansgrove@gmail.com), Chris Stockwell (castockwell@bex.net), or Susan Spiegel (saspieg@yahoo.com).

KNITWITS

The KnitWits women meet monthly on the second Fridays at 9:30 am in Fellowship Hall--the next meeting is July 13th. Our purpose is to provide items useful to LFH (Leading Families Home; formerly Focus) and Lucas County Children Services. If you're not able to join us, consider making contributions that can be added to our collection next October. --Ruth London

PLEASE SIGN IN

If you come into church during non-business hours, or at a time other than a regularly scheduled meeting or event, please take a moment and use the sign in sheet, next to the door, above the alarm to let us know that you were here. Also, if you use the key lock box and need help with it or are having trouble using it, please let either Marsha Gamble or the church office know. We would be happy to help you with how to use it. Thank you