



SUNDAY SERVICE NOTES FOR AUGUST 2019



Sunday, August 4

Religious Evolution
Worship Associate

Joe Moran
Melissa Jeter

We now accept as fact that human beings as a species evolved over the millennia. We recognize too that as individuals our thinking changes over our lifetime. Finally, we must acknowledge the fact that religion itself is not exempt from the evolutionary process.

Sunday, August 11

Lift Every Voice and Sing
Worship Associate

Reverend Tim Barger
Luanne Billstein

For three services in August, we'll hear about songs important to the Civil Rights Movement that still have relevance in the time of Black Lives Matter. The first Sunday we'll go to number 149 in our hymnal, "Lift Every Voice and Sing," sometimes called the African-American National Anthem.

Sunday, August 18

We Shall Overcome
Worship Associate

Reverend Tim Barger
Karen Christie

Our second of three services on songs important to the Civil Rights Movement that still have relevance in the time of Black Lives Matter focuses on "We Shall Overcome," number 169 in our hymnal. We'll look at the song's history and some traditions related to it.

Sunday, August 25

A Change Is Gonna Come
Worship Associate

Reverend Tim Barger
Melissa Jeter

Our songs of August will conclude with a look at a Sam Cooke composition, what he sang to inspire attention to social justice.



Reverend Tim Barger

I'm back from break time and getting ready for the new church year. For August, I'm planning three services centered on three songs: "Lift Every Voice and Sing," "We Shall Overcome," and "A Change Is Gonna Come." Those are all songs that were powerfully used in the Civil Rights movement and they continue to be relevant in showing that Black Lives Matter. I'll also consider newer songs that might inspire. Our Ingathering will be September 8, and this year the element is water, in part celebrating the enactment of the Lake Erie Bill of Rights. We'll have a water ceremony—and hope that the algae is all right, floods aren't happening, and rainfall is average. I'll see you at church! In Fellowship, Rev. Tim



Sandra Kosek-Sills, Board President

Is visiting Lake Erie part of your summer plans? Would it be, except for the algae? If you are like me and you love water landscapes, you are probably finding some place somewhere to go sit by a stream or a lake, or maybe even the ocean. Don't forget to take a small bottle and bring some water back for our ingathering to start the church year on September 8. I am planning to speak about Lake Erie issues for the Spiritual Adventures that morning and the service will feature the water collection ceremony. Many of our members are very active on clean water initiatives and it will be a feature of this very important day in our church annual cycle. Please make plans now to attend! We draw our strength to support our liberal religious movement and our other causes from the spirit we create when we gather together. Go find your water renewal and bring some of it back for all of us. In fellowship, Sandra

MUSIC AT FIRST UNITARIAN

Make Music with Your UU Community! Practices are Sundays at 12:30 for The Gathering rehearsal. Thursdays at 7:30 starting August 8th, for Choir rehearsal. What better way to celebrate spring than by making a joyful noise with us? Newcomers are always welcome to drop in for musical fellowship. Not sure how you'd like to be involved? Come see Mickey or send an email to musicdirector@uutoledo.org to find the best fit for your time and talents.

BON APPÉTIT

SECOND BREAKFAST will meet at Silver Moon Soda Grill on the last Tuesday of each month at 9:30 AM. The restaurant will have a large space available for us, so there is no need to RSVP. Please arrive a few minutes early if possible. If you are interested in starting another open meet-up, contact a member of Compass for any questions. We will continue to meet on the third Monday of each month for our 9:30 AM for UU Breakfast at Reynolds Rd. Garden Café. World Dining is a wonderful way to get to know your church family outside of church while experiencing some of Toledo's fine restaurants. We meet at a different restaurant each month on the 4th Friday at 7 pm. Please email Luanne to be added to the monthly email invitation at: Luanne@theBillsteins.com. Dining for Women meets at our church in Fellowship Hall the third Friday of each month at 6:30 PM. They are a global giving circle dedicated to transforming lives and eradicating poverty among women and girls in the developing world. Also join us for fourth Sunday potlucks, after services.

LEADING FAMILIES HOME BLANKET MAKING

There will be no LFH Blanket Making in July and August. We will resume monthly meetings in September, on the 4th Wednesday in Fellowship Hall. No sewing needed; just lots of fun. Bring sharp scissors. Enjoy your summer and see you September 25th. Questions? Contact Elly Gans. ganselly45@gmail.com

TERRACYCLE

Be sure to refer to the lists on the Green Sanctuary bulletin board when adding items to the Toledo Zoo TerraCycle bin in the hall. Many every-day items such as cereal bags, chip bags, toothpaste containers, Solo cups and plates, and shampoo dispensers can be recycled here. Not everything that TerraCycle takes is accepted by the Zoo program. If it is going to the landfill anyway, find a reuse or dispose of it yourself, saving the Zoo people sorting time.

WORLD DINING

World Dining is a wonderful way to get to know your church family outside of church while experiencing some of Toledo's fine restaurants. We meet at a different restaurant each month on the 4th Friday at 7 pm. Please email Luanne to be added to the monthly email invitation at: Luanne@theBillsteins.com. See you on August 23rd.

STRATEGIC PLANNING 2019

As you may have heard, we are planning to plan! A Strategic Planning Committee will be forming soon to assist the board with budget planning and general planning for our next five years. If you are interested in serving, please send an email with no less than one and no more than three paragraphs on why you are a good choice for this committee to Board Present Sandra Kosek-Sills at s_e_kosek@msn.com with the subject title "Strategic Planning 2019". We expect to kick this effort off as the church year starts in September. Thanks!

KNITWITS

Knit Wits will not meet during July and August due to members traveling etc. Though we may not be sitting down together, we'll stitch on...in the car, on the plane, at new places. "Knitters use knitting to value-add to the world." --Stephanie Pearl-McPhee

CRAFT SATURDAY

Open to all crafters, every first Saturday of the month, 11 AM - 5 PM. Join us July 6th. Fiberwork orphans meet at First Unitarian on the first Saturday of each month. Knitting, crocheting, or craft of choice. We meet in the Capek room. Bring your own drink. Bring a finger food of your choice to pass if you are able. Donation of your choice collected.

MEMBERSHIP MOMENTS

To all who have enriched our Sunday mornings by sharing their Membership Moment--thank you! Signing up for Membership Moments remains active; see link below. Please note that Membership Moments will resume in the fall after a break this summer. <https://www.signupgenius.com/go/70a094daaa928a7f58-membership>

REQUESTS FOR MONEY

There's a social media and email scam happening, again, to some of my ministerial colleagues, and I want to make you aware just in case it happens to me. Their information gets hijacked, in a way, and the scammers make an email address that looks like it could be the minister's. There's a message "from the minister" describing a precarious situation--stuck on an international trip, needing funds for an emergency--and asking the recipient to pay by buying gift cards or contributing to online services. Of course the minister is safe at home, and the recipient might choose to help "just in case." Know that I never ask directly for money, except for two instances: sometimes during a service, when I do so in person, and at other times for the Minister's Discretionary Fund, and that's to be paid to the church, not to me or to any third party. Also, I want it to be clear that I never tell anyone to ask a church member for money for their own financial needs; if you want to help someone out, that's fine, but that would be a personal thing, not church-related, and you shouldn't feel pressured to help a friend because of your church connection.

MINI FOOD PANTRY

Please remember to bring non-perishable food items to be placed in the Little Pantry. It gets a lot of use. Place items in the designated bin in the back foyer or directly in the pantry. Hunger is worse in the cold weather. Let's try to share as we can. Popular foods include peanut butter, jelly, macaroni and cheese, soup, juice boxes, fruit and pudding cups, cereal, granola bars, and tuna, toothpaste, baby shampoo, soap, & feminine hygiene products. Drop off your donations in the bin in the east foyer, give them to Nicole, or put them right into the pantry. This is an great way to help your youngsters connect with the social justice work of our faith. Note the expiration date on the items--**no expired items may be given.**



2019 at First Unitarian Church of Toledo



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 3:00 pm First Friday Book Club	3 10:00 am Women's Slice of Serenity AA Group 11:15 am Fiberwork Orphans knitters and crafters
4 9:45 am Nursery Open 10:00 am Spiritual Adventures 10:00 am Children's RE 11:00 am Worship Service 12:00 pm Fellowship Hour 12:30 pm Gathering Rehearsal 12:30 pm Pride Committee Meeting 8:00 pm Live and Let Live LGBT AA	5	6 12:00 pm Big Book Noon Group AA Meeting 6:30 pm Meditation - Sagan Room	7 8:00 pm Live and Let Live LGBT AA Group	8 7:30 pm Choir Rehearsal	9 6:00 pm Family Fun Night	10 10:00 am Women's Slice of Serenity AA Group
11 9:45 am Nursery Open 10:00 am Spiritual Adventures 10:00 am Children's RE 11:00 am Worship Service 12:00 pm Fellowship Hour 12:30 pm Gathering Rehearsal 12:30 pm Social Justice Meeting 5:30 pm Meditation - Off site 8:00 pm Live and Let Live LGBT AA	12	13 12:00 pm Big Book Noon Group AA Meeting 6:30 pm Meditation - Sagan Room	14 8:00 pm Live and Let Live LGBT AA Group	15 7:30 pm Choir Rehearsal	16 6:30 pm Dining for Women	17 10:00 am Women's Slice of Serenity AA Group 10:00 am RE Council Mtg
18 Styrofoam Collection 9:45 am Nursery Open 10:00 am Spiritual Adventures 10:00 am Children's RE 11:00 am Worship Service 12:00 pm Fellowship Hour 12:30 pm Gathering Rehearsal 8:00 pm Live and Let Live LGBT AA	19 9:30 am UU Breakfast (Reynolds Rd. Garden Café)	20 12:00 pm Big Book Noon Group AA Meeting 6:30 pm Meditation - Sagan Room NEWSLETTER DEADLINE	21 8:00 pm Live and Let Live LGBT AA Group	22 7:00 pm Board Meeting 7:30 pm Choir Rehearsal	23 7:00 pm World Dining	24 10:00 am Women's Slice of Serenity AA Group 1:00 pm Awareness of Special Needs - offsite
25 9:45 am Nursery Open 10:00 am Spiritual Adventures 10:00 am Children's RE 11:00 am Worship Service 12:00 pm Fourth Sunday Potluck 12:30 pm Gathering Rehearsal 5:30 pm Meditation - Off site 8:00 pm Live and Let Live LGBT AA	26	27 9:30 am UU Breakfast (Silver Moon) 12:00 pm Big Book Noon Group AA Meeting 6:30 pm Meditation - Sagan Room	28 8:00 pm Live and Let Live LGBT AA Group	29 7:30 pm Choir Rehearsal	30	31 10:00 am Women's Slice of Serenity AA Group

MEDITATION
Please join us for meditation at 5:30PM on Sundays, August 11 and 25, at the MemoryLane Care Services building, 2500 N. Reynolds Road (corner of Pickfair and N. Reynolds). We will enjoy guided meditation, sit or walk quietly, and share tea and conversation. Explorers, beginners and experienced practitioners: all are welcome and each of us benefits from the energy of others. Please join us for meditation in the Carl Sagan room at First UU on Tuesday evenings from 6:30-7:30PM. All are invited and we will offer meditation instructions and guidance for beginners. Periodically, members of the multifaith community will offer a meditation/spiritual practice from their faith. We will all be enriched by these diverse practices. You are welcome to use this beautiful space anytime the church is open. Meditation helps us to be more present for all that life has to offer. Thich Nhat Hanh reminds us, "Our true happiness comes from being fully conscious in the present moment, aware of our connection to everything else in the universe." Contact Karen at kbchristie@bex.net with any questions. Please mark your calendar for an upcoming Day of Mindfulness on Saturday, August 24, 2019. The theme for the day will be compassion, one of the four immeasurable minds. Sister Ocean, an ordained monastic in the tradition of Thich Nhat Hanh, will lead this day for us. The location will be at the W. W. Knight Nature Preserve, 29530 White Road, Perrysburg OH. Suggested donation is \$35.00, but scholarships are available. Breakfast munchies and a vegetarian lunch will be provided. For special dietary needs feel free to bring your own food. RSVP to Hydrie Ralston hydieralston@gmail.com. Make payment to Hydrie Ralston and mail to: Hydrie Ralston 29 Abbey Road Perrysburg OH 43551. Payment due by August 9, 2019.

AWARENESS OF SPECIAL NEEDS
Are you someone living with a disability or complex medical needs or a caregiver? Join us on the fourth Saturday of the month, for fellowship and great conversation. The meeting will take place at the Jonsson's wheelchair accessible home from 1:00 - 2:30 pm. Contact Nicole at 419-344-9039 or nicolejonsson@yahoo.com for more information.

SAVE THE DATE
Skyelar Raiti will give his senior organ and piano recital on Monday August 19th at 7 pm at Christ Presbyterian Church, 4225 W Sylvania Ave, Toledo, OH 43623. Reception to follow. Skyelar just graduated from Toledo School for the Arts this past spring and will continue to study organ when he attends University of Michigan in the fall.

FAITHFUL FOOTPRINTS
Faithful Footprints: Home Energy Savings Program - We're partnering with Ohio Interfaith Power & Light and Columbia Gas to provide energy efficient solutions to help us care for our world. For every Home Energy Audit completed by one of our members, Columbia Gas will give \$20 back to our congregation. A home energy audit can cost as much as \$50, but they are currently FREE during the months of July and August. The audit takes about 2-4 hours to complete. A trained energy professional will perform a comprehensive test to check for air leaks, an infrared scan of walls to detect insulation levels, and a safety check of your gas furnace for carbon monoxide levels and operating efficiency. They will also install free energy efficiency items if you'd like. Afterward, you'll receive a personalized report of your home's energy efficiency with potential savings of up to 50% off the cost of energy-efficient upgrades. Scheduling is easy. Visit www.ColumbiaGasOhio.com/EveryRoomMatters or call 877-644-6674 and be sure to enter our congregation's PROMO CODE: UCToledo to ensure that we receive \$20 for each audit completed. Contact Karen Porter with questions or concerns. You can also contact Alycia Ashburn of Ohio Interfaith Power & Light with questions at 202-674-6167.

FIRST AND FOURTH SUNDAYS
Please remember the first Sunday of each month we celebrate each month with cake and ice cream in Fellowship Hall following church service. The fourth Sunday is our potluck.

SECURITY
Please sign in when entering the church during non-business hours, or at a time other than a scheduled event, please use the sign in sheet above the alarm to let us know that you were here. We use this info to track usage. Also, please don't forget to set the alarm if you are the last one out. Let's keep our church safe.

2019 YARD SALE
Our 2019 summer yard sale will be held on Saturday, August 24th from 9:00 am to 3:00 pm. Please contact Michael Davisson, davissonma@gmail.com, to donate and/or volunteer.

MULTIFAITH PICNIC
The Annual MultiFaith Family Picnic will take place Sunday, August 18, from 3-7 PM at the Khan Pavilion of the Islamic Center of Greater Toledo, 25877 Scheider Rd, Perrysburg, Ohio 43551. It is a Potluck with appetizers followed by main meal about 5 PM. Optional tours at 4pm. Activities include outdoor games, crafts, board games, playground, basketball court, volleyball net, soccer field, good conversation. We provide tableware, lemonade, water, Kosher/Hilal hotdogs, veggie burgers, and buns. Please bring: a potluck dish to share, optional lawn chair, board games, soccer ball, volleyball. Enjoy fellowship with new and old friends. Free and everyone welcome. This is a rain or shine event, as the pavilion would shelter from a light rain. If the weather is too bad, we will move into the social hall.

TOLEDO PRIDE PARADE
The 10th Toledo Pride Parade and Festival will take place Saturday, August 17 in downtown Toledo. If you want to know more, or find out how you can support our Pride presence, please attend come to the meeting this Sunday, August 4, 12:30 p.m. in the Capek Room. If you are not able to attend this meeting, please e-mail Sandra Kosek-Sills (s_e_kosek@msn.com) or David Strickler (david.pickstrum@gmail.com)